



Notre Dame Club of Southeastern Virginia

**Coordinator:
Mike Carlson '80**

Volume 8 Issue 1
1 January 2010

Fr. Hesburgh Lecture Broadens Audience to Great Acclaim



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Professor Bender had a busy visit to the NDSEVA club for our annual Fr. Hesburgh Lecture. While prior lectures have been a single hour, Dr. Bender was a willing advocate for ND in several events fully engaged over two days 20-21 Oct. This included lectures at Granby High School in Norfolk and at Bishop Sullivan Catholic High School, the first-ever multi-school event.

After a brief recovery in his hotel, it was off to a Dr. Fautua's house for a chili dinner. This included International Baccalaureate (IB) students, faculty, and parents from Granby HS (including IB director: Ms. Rebecca Stein and Principal Mr. Ted Daughtry);, IB directors from Princess Anne HS in Virginia Beach and Oscar Smith HS in Chesapeake; students from Catholic HS, and several NDSEVA members.

morning tour of the Norfolk Naval Base and Joint Forces Staff College (JFSC); the latter allowing Dr. Bender to attend Dr. Fautua's course at JFSC: The Far War. This was followed by a trip to Granby for an informal lunch with the IB faculty at the school.

Afterwards, it was time for the main event, the lecture. Students and club members (including a current ND student home on break) thoroughly enjoyed the lecture: "Genetic Enhancement and the Brave New Millennium: Science, Politics, and the Human Genome"

Upon arriving in Norfolk, Professor Bender was met by our own Dr. David Fautua, who worked with Phil Russo to coordinate this year's program. After a window tour of Virginia Beach, it was off to an afternoon address to the science students and faculty at Bishop Sullivan HS.

Wednesday began with a



"(Left) Dr. Harvey Bender Professor of Biological Sciences and ND's Director of the Human Genetics Program was this year's speaker. . . The 2009 Series was the first-ever attempt to reach out across the wider International Baccalaureate HS community within Hampton Roads.

Shamrock Marathon Time!

Several long time volunteers have already stepped up, but we still need more volunteers before we can fully commit. You can help us make this another memorable event! For the fourth consecutive year, the Notre Dame Club of Southeastern Virginia will be sponsoring a water and aid station at the Shamrock Sportsfest Marathon (www.shamrockmarathon.com) on Sunday, March 21st.

This is always a great time and event for us to celebrate. For the second straight year we will

be at the new location at the base of the Ft Story Lighthouse. For those that have worked the event in previous years but did not make it last year, we used to have the busiest location, acting as the first and last stop of both the half and full marathon, with 40,000 drinks.

If you thought this was too busy and that discouraged you from coming last year, our new stop at the base of the Ft Story Lighthouse is much more manageable, with the first runners

hitting us almost a half-hour later and both sets of runners only hitting us once. So that will take almost 1 1/2 to 2 hours off the day, and allow people to get there a little later in the AM. Not to mention it is arguably the most scenic water stop on the route, we'll have more room to work, and perfect considering our NDSEVA logo. Please contact Todd Parker (dulac89@hotmail.com) to volunteer today!

Special points of interest:

- Bat for the Cure Designation by MLB
- Communion Mass and Breakfast



NDSEVA members at the Water Station for Shamrock 2009

President's Corner— My Final Column

As we look back over the past decade, one can see the great strides the club made in those ten years. Our scholarship endowment passed the tipping point of \$100,000 and now is heading to \$200,000. This allowed us to begin awarding annual, renewing scholarships to incoming students. Our program now provides four scholarships per annum, one each for a freshman, sophomore, junior and senior. This would not have been possible without the hard work of club leaders and the support of club members like you. But we'd like to grow both in the number of students awarded scholarships and in the amount offered.

Many other programs are firmly established, with dedicated sponsors, and are incredibly successful. Our participation in the Shamrock Marathon enters its fourth year in 2010; the Fr. Hesburgh Lecture has expanded from its birth at Princess Anne High School in Virginia Beach to all of south Hampton Roads this year. It will reach out to high school students around the entire area in 2010; no doubt this contributed to the significant increase in the number of students from our area attending Notre Dame, aided by student outreach programs like the College Fairs. We have hosted a Universal Notre Dame Night every year, bringing in great speakers from the university

to update us on the State of the University, culminating in Executive Vice President John Affleck-Graves speaking to the club this year.

The Pool Party and Midshipmen Mentoring Barbeque are regular calendar events each summer. The Communion Mass and Breakfast are well-attended each December. Community outreach through Soup Kitchens in Portsmouth and Ghent, and cancer awareness at Bat for the Cure Tides game are routine. We have solid leadership in both Young Alumni and Senior Alumni Coordinators.

We have consistently exceeded the Notre Dame Alumni Association goals every year, and were selected Club of the Year in 2007. This benefits not only all of the alumni in the region, but the current and future students at Notre Dame from this area.

All of these achievements and programs are fragile; however, and have been made possible by an increasingly shrinking number of volunteers. For those board positions and programs with a strongly committed sponsor we have been able to be successful. But life happens, and as is the nature with a volunteer organization, due to a variety of circumstances people are not able to continue indefinitely pro-

viding tens to hundreds of hours per year volunteering. The Summer Service Leadership Program in support of the ND Center for Social Concerns provides an illustration of the tenuous nature of any volunteer effort. After sponsoring an incredible **four** students in 2008 (a number more akin to a club the size of a New York or Los Angeles), and over a dozen students in the last decade, we were unable to have a program last year due to no one stepping up to take on the job. To my disappointment, 2009 has been one of the weakest in terms of attendance at board meetings or participation. As you can see, success requires us to contribute some of our time, ideas, and energies.

As of this writing, I do not have an identified successor as president or communications secretary. Maybe it's the economy, maybe it's the lack of the excitement of a winning football team. But we cannot have a community of over 400 alumni in this area depend on a dedicated few, the same dedicated few, to carry the load for everyone. We have grown to be a vital part of so many constituents this decade, with many great success stories past and present. Also, our success as a club is directly linked to our ability to purchase our block of football tickets every year, which

(Continued on page 3)

Nothing recedes like success.

— Walter Winchell



Young Alumni News: Amy Holcomb '01

Happy New Year to the NDSEVA young alumni! We enjoyed many great young alumni events last year, including hockey games, happy hours, baseball games, beer and wine festivals and volunteering opportunities, many of which we hope to repeat again this year.

Mark your calendars for the following upcoming

young alumni events:

Hockey Game and Happy Hour (February 5th)

Watch the Norfolk Admirals take on Hartford at 7:15 pm on February 5th. We'll be meeting up at Baxter's (500 Granby Street) at 6:00 for pre-game drinks/dinner.

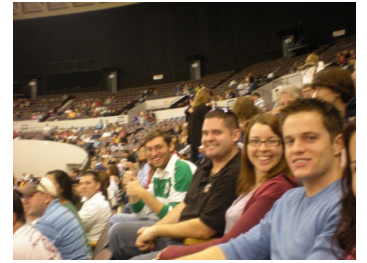
Tickets are \$17/each

for the hockey tickets. Please RSVP by January 29th so we can purchase the group tickets ahead of time.

USS Eisenhower "Any Sailor" Packages

As a service project, we will be preparing care packages for some of the sailors on the USS Eisenhower. The 20 care pack-

(Continued on page 8)



Young Alumni events include community service, Happy Hours, sporting events— like this fall's night at a Norfolk Admiral's

Senior Alumni News: Mark Checchia '73 Focus on the Hospital Support Program (HSP)

The ND Senior Alumni Association enhances opportunities for senior members of the Notre Dame family to engage in alumni-based programming and activities that foster friendships, camaraderie, and service to each other and within the surrounding

communities.

Initiatives include:

- Catholic Community Professional Assistance Program;
- God, Country Notre Dame;
- Cancer Awareness and Education (see "Bat for the Cure", pg. 4);
- the Free Mammograms Program; and

- Hospital Support Program (HSP)

We'd like to offer some enhanced NDSA programs, but we need volunteers., to help our Dr. Pat O'Connell with HSP. This doesn't require a lot of time, but just some willingness to help.

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"If you have ideas for other services we as Senior Alumni can offer, please contact me and we can put together an initiative to get it organized and publicized."

Contact Mark Checchia '73 to support this effort at sa@ndseva.com

President's Corner— My Final Column

(Continued from page 2)

many of you have benefitted from. I would hate to see what these communities would be like without NDSEVA.

As of right now, many critical board positions are about to become vacant, with no one identified after multiple pleas. In addition to the positions of President and Communications Director, we still need volunteers

for Hispanic Alumni, Black Alumni, and Secretary. Although it is too late for an SSLP program in 2010, we need to identify a sponsor for this program that will give it the time and importance it deserves in order to bring it back for 2011.

Without a president, the club will only be able to continue as a skeleton of isolated individual events. Without a communications coordinator, we

will have no organized way to communicate club events to you. Please consider how you can help the club by contacting any club leaders through the member contacts on Page 8.

On a final note, I extend my deepest gratitude to all who have helped me these past two years— fellow alums, friends and family.

Mike Carlson '80
Past President

Wherever a man turns he can find someone who needs him.

- Albert Schweitzer .

Calendar of Events Plus: Annual Club Programs (Young Alumni Events : See Pages 3 and 8)



January 10:
Oasis Soup Kitchen
1:00 PM- 3:00 PM
1020 High Street Portsmouth, VA
RSVP: vicepresident@ndseva.com

March 21:
Shamrock Marathon Water Station
Ft. Story Lighthouse
RSVP: dulac89@hotmail.com

Spring Planned Events

May Month of Service in honor of Fr. Hesburgh:
All details TBD
Chair: Kate Wiltrout

Summer Planned Events

NROTC BBQ and Mentoring
Planned 19 June
Chair: Matt Bannon

Pool Party
Planned July 24
Chair: Teresa and Perry Hohman

Universal Notre Dame Night and Student Sendoff: Late July/early August
Chair: Kevin Sywna

Bat for the Cure Tides Game:
TBD
Chair: Mark Checchia

Fall Planned Events

Gamewatches
Shorebreak Pizza per schedule

Fr. Hesburgh Lecture
Place and Time TBD
Chair: Phil Russo and David Fautua

Alumni Schools College Fairs:
Week of Oct 25
Chair: Joe Hurley

Communion Mass and Breakfast: December 5
Chair: Andre Hutchinson (Mass)
Carlin Hebert (Breakfast)



NDSEVA participates in the ND Senior Alumni "Bat for the Cure" program, now officially designated as a Charitable Partner of Minor League Baseball.

Mark Checchia (above) talks with two men about Prostrate Cancer Awareness.

Bat for the Cure Designated Official Charitable Partner of Minor League Baseball

We received notification that Ed Randall's Bat for the Cure program was designated an Official Charitable Partner of Minor League Baseball at the Baseball Winter Meetings in Indianapolis.

The Notre Dame Senior Alumni Association sponsors participation across

the nation every summer, with NDSEVA covering the Norfolk Tides. Last year, an incredible 132 nights were held coast to coast.

While we won't receive our specific date and game-time until the season is underway, this event relies upon our club members to promote prostrate cancer

awareness.

NDSEVA and the Norfolk Tides have participated the past two years. This year, the team wore blue wristbands in support, and the Tides scoreboard played several videos of information while we handed out literature.

Senior Alumni- Focus on Hospital Support Program

HSP is a service provided by the Notre Dame Club Network and the Alumni Association. The program was founded by NDSA and assists members of the ND Family when hospitalized while away from home—whether planned in advance, or the result of an accident or illness while traveling. The HSP offers

non-medical and non-financial support. Examples include:

- spending time with the patient and the family
- arranging a visit from a priest
- advising the family on where to stay or to shop
- freeing the caregiver so that he or she can take a break

If you can be called on to assist other alums who may

be in this area and need assistance, please let me know. I'll compile a list with your contact info. Your information will be held in strict confidence, and you'll only be called on when a hospital emergency arises. Please send me your info if you can volunteer!

Mark Checchia '73



Treasurer: Todd Parker '89

This is the summary treasury report for the Calendar Year 2009:

2009 Income Statement

Jan 1, 2009: \$9,454.44

2009 Income:

Income:

Membership Dues: \$ 4,870.00

Donations: \$ 200.00

Football Ticket Sales \$5,720.00

Merchandise Sales \$ 30.00

Shamrock Marathon \$ 200.00

UND Night Income	\$ 1,280.00	Student Sendoff	\$ 1,877.62
Total Income:	\$ 12,410.00	Young Alumni Events	\$ 272.00
2009 Expenses:		Total Expenses:	\$ 17,885.82
Alumni Senate/		Ending Balance	
Region 12 Mtg	\$ 1,427.26	12/31/2009:	\$ 3,978.62
Annual Newsletter	\$ 300.00		
Paypal/Website Fees	\$ 852.94		
ND Student Support	\$ 470.00		
Football Tix Purchase	\$ 3,576.00		
Transfer to			
Scholarship Fund	\$ 9,000.00		
UND Night/			

Thank you to all who contributed this year. While our Endowment held at the University, we are still near \$150K in total, allowing us to maintain our strategy of awarding a four year scholarship for each class.

Please remember that when making your annual donation to Notre Dame to designate "Notre Dame Club of SE Virginia Scholarship Fund" on your donation! It still counts toward your minimum donation for football tickets, and helps our scholarship fund grow to ultimately reach our goal to fully fund the unmet financial need of one local student every year.

Membership: Tom Rumely '81

The Board of Directors of the Notre Dame Club of Southeast Virginia would like to thank the following members for their commitment to supporting the scholarship fund in 2009 for the year we have 70 paid members and netted \$4,870 in dues.

Please begin 2010 with your fellow club members who have donated to support our scholarship fund, so that we can continue our scholarship efforts. Your early sponsorship will enable us to better plan our annual outlays and endowment gift:

GOLD Memberships

- Al and Kay Abiouness
- Kate and Aaron Applegate
- Robert Ballard
- Matt and Theresa Bannon
- Mike and Sue Carlson
- Martha Clowdsley
- Mary Ellen and Doug Cullom
- Matt Falvey
- David Fautua
- Greg and Tracy Fick
- John and Barbara Hamilton
- Perry and Theresa Hohman
- Richard and Amy Holcomb
- Tom and Suzanne Hubbard
- Joe and Eileen Hurley
- Andre and Tana Hutchinson
- Brendon Johnson and Amaia Diaz-Zubillaga
- James and Patricia Kramer
- Joe and Cathy McDermott
- George Jr and Kim Melnyk
- George Sr and Pat Melnyk
- T.H. and Jacqueline Meurer
- Pat and Susan O'Connell
- Mary and James Oliver

- Todd and Joanne Parker
- Sean and Karen Pieri
- Mark and Catherine Pittman
- Timothy and Lorrie Reid
- Sylvia Ross
- Thomas and Astrid Rumely
- Debra Boyer Sager
- Paul and Barbara Schellhammer
- Josh and Nicole Smith
- Michele Solaroli
- Kevin and Debbie Zywna

BLUE Memberships

- Ronald and Patricia Blake
- James and Alice Fticsar
- Gene and Barbara Gerloff
- John and Betsy Looney
- Marie Meehan
- Charles and Janis O'Neill
- Tim and Gerri Reagan
- Mary and Jay Rubino
- John Russo
- Mark and Sharon Shofner
- Thomas and Charlotte Spivak

Did you know that you can pay your annual dues online using secure PayPal at our NDSEVA webpage? You can even set up annual renewals to simplify your payments!



The NDSEVA Communion Mass and Breakfast is held the first Sunday in December.



Families, and friends, both young and old enjoy the Murphy's buffet.



Communion Mass and Breakfast

The annual Communion Mass and Breakfast was held on its traditional first Sunday in December, the 6th.

Over forty alumni of all ages participated this year. We began with a 10:00 AM mass at Star of the Sea on 2 December. Fr. Steve DeLeon, Pastor of Star of the

Sea Church, Virginia Beach was his ever-gracious and welcoming pastor,

We will then headed to Murphy's for the buffett breakfast buffet of eggs, sausage, bacon, ham, home fries. The roaring fireplace was a welcome and warming accompaniment.

Our thanks go out to both Andre Hutchinson for his effort arranging the service and to Carlin Hebert for coordinating with Murphy's for breakfast.

Mark your calendar for this event on Dec. 5 2010!

Alumni Student Coordinator (ASC) Activities

Do you have some desire to help our local ND Alumni Club and in some way provide service back to Notre Dame? Maybe you do have such a desire but you don't have a great deal of free time and cannot commit to something complicated. If you feel this way I would strongly encourage you to think about helping with Alumni Student Coordinator (ASC) activities.

This year during the

week of October 26th we represented ND at five college fairs covering the school systems of Chesapeake, Portsmouth, Norfolk, Virginia Beach, Hampton, Newport News, Williamsburg and York County. In the course of the five fairs we spoke to over 630 prospective students and parents. Each fair was approximately two hours, normally from 6:00 PM to 8:00 PM.

JNDHurley@verizon.net and I will keep you advised as to our activities.

We recently received word that three high school students in our area have been selected for admittance via Notre Dame early action program. Catherine Brahe from Bruton High School, Robert Donze from Grafton High and Thuc-Doan Phan from Princess Anne High School were the three students. This year there was 4285 early decision applicants with 1737 admits and 759 defers. This group of admits represent the strongest academics of any group ever at ND with an average SAT of 1462 for verbal and math, average ACT of 33.1 and average rank in class of top 3.52%. Congratulations to Catherine, Robert and Thuc-Doan and best wishes as they work through the decision process on selecting their college.

If you are concerned that you graduated awhile ago and don't feel up to date with the ND of today, the school sends very good literature and a video to the ASC well prior to the fairs and that can be shared prior to your assisting. This is a way to help out without any follow on commitment. It can be very interesting and fun talking to high school juniors and seniors about what Notre Dame has to offer.

If you have an interest you can contact me at

Joe Hurley '76

Soup Kitchen

NDSEVA volunteers will be serving lunch on Sunday, Jan. 10 at Oasis Social Ministry in Portsmouth. If you're interested in helping, please email Kate Wiltrout Applegate at vicepresident@ndseva.com. We need between 8 and 12 volunteers to prepare and serve the meal and then clean up. Oasis is located on High Street near Olde Towne, Portsmouth..



NDSEVA on Campus: Scott Lahr

This feature section aims to keep you in touch with ND through the lives and works of our own local students

Scott Lahr is a first ever family member and first ever Denbigh Baptist Christian School graduate to attend Notre Dame. Scott is a sophomore and in his second year of participation in the Bengal Bouts. He is majoring as an Aerospace Engineer and is also a member of Air Force ROTC.

One of the big events on campus in the spring semester is the annual Bengal Bouts Tournament, the climax event of the Men's Boxing Club. Many students make posters, cheer and get hyped-up to see their friends "knock someone's block off" – literally. The fights are quite an experience for both the boxers and the fans. This is my second year in the boxing club, and it has truly been a defining point for my Notre Dame career thus far. Though I lost my quarterfinal fight in the tournament last year, winning my exhibition fight in front of all my cheering friends after four months of training was awesome and exhilarating.

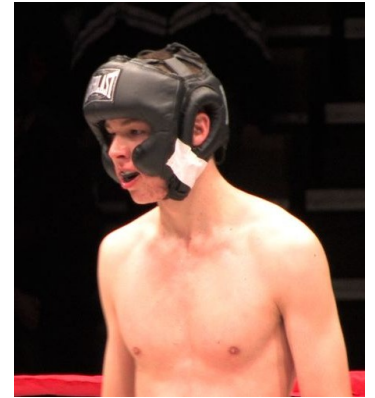
However, the program is not all about winning. The ND Men's Boxing Club has a rich history and a higher purpose. Organized by Knute Rockne in 1920, the club gained popularity and identity in 1931 with the purpose of raising funds for Holy Cross Missions in Bangladesh under the leadership of Coach "Nappy" Napolitano. Today, over two hundred men are part of the boxing club, and we

continue to raise money for Holy Cross Missions. We expect to raise our one millionth dollar for the missions this year.

On a typical week, during the training season, I wake up and go to classes, which I try to schedule earlier in the day so I will have evenings free for training. After classes, I go to the boxing gym and am generally there from at least five to seven. We do countless pushups, jumping jacks, burpees, a variety of different ab exercises, and punching and movement drills. However, most of us look forward to sparring – or practice fighting – a chance to see where you are and how you compare, a taste of what it will be like for the tournament. The practices are draining, especially if you already had ROTC physical training that day or have been studying late for an exam, but once I go, I enjoy them. You make great friends and having a physical outlet helps with the

stresses of class. In fact, it was some of my friends that first convinced me to join the club with them freshman year, and we all made it through together.

Knowing that you are serving a higher purpose also helps with enduring the grueling workouts five times a week or more. The challenge of making it through all the training to fight in the tournament is difficult and tiresome but very rewarding. You know that, by staying to fight, you raised money to help someone less fortunate than yourself by giving them food, shelter, and access to an education. Standing in the ring before the fight, you understand this purpose, "strong bodies fight, that weak bodies may be nourished" as Coach Nappy once said, and you see the hundreds of people around, watching. You take a deep breath, touch gloves with your opponent, the bell rings and the fight is on!



Scott Lahr, Bengal Boxer

- Sophomore
- Aerospace engineering major
- AFROTC cadet
- Iron Sharpens Iron (ISI) Club, of Campus Ministry

Did you know?:

NDSEVA provided a sponsorship to Scott in support of the Bengal Bouts.

You can sponsor Scott or any other boxer by contacting the Boxing Club at bengals@nd.edu





Notre Dame Club of Southeast Virginia

We welcome Alumni and Friends to enjoy the benefits of a paid membership...first access to Notre Dame football tickets, discounts at partners Shorebreak Pizza, Taylor's Party Rentals and Keagan's Restaurant at Town Center Virginia Beach

Gold: \$100/year
Blue: \$50/year
Regular" \$25/year

Emeritus (over 50 years of graduation): \$10
Young (within 5 years of graduation) \$10
Religious: \$10

Renew online or with check payable to:
Notre Dame Club of Southeastern Virginia
c/o Tom Rumely
1201 Banister Ct.
Virginia Beach, VA 23456

Visit us on the web
for the latest news
at www.ndseva.com

Board of Directors:

Vacant –President president@ndseva.com

Kate Wilttrout - Applegate– Vice President vicepresident@ndseva.com

Todd Parker – Treasurer / Immediate Past President

dulac89@hotmail.com/treasurer@ndseva.com

Andre Hutchinson –Past President pastpresident@ndseva.com

Vacant – Secretary communications@ndseva.com

Tom Rumely – Membership membership@ndseva.com

Amy Holcomb – Young Alumni ya@ndseva.com

Mark Checchia – Senior Alumni SA@ndseva.com

Stephanie Welch- Black Alumni BAND@ndseva.com

Albert Gembera – Asian Pacific APA@ndseva.com

Michelle Solaroli – Monogram monogram@ndseva.com

Joe Hurley–Alumni Schools Committee ASC@ndseva.com

Committee Chairs:

Summer Service Project - Andre Hutchinson sslp@ndseva.com

Scholarship - Kevin Zywna scholarship@ndseva.com

Universal Notre Dame Night - Kevin Zywna scholarship@ndseva.com

Club Chaplain- Vacant

Young Alumni (continued)

(Continued from page 3)

ages we prepared last year for sailors on the USS Theodore Roosevelt were well received, and we'd like to top that donation this year! You can complete your own care package, or contribute items towards a care package. Any contributions for our care packages would be appreciated. NDSEVA will pay to have the care packages shipped to our sailors.

Some items that are popular for the care packages include –

- Health and hygiene items
- Magazines
- Candy

- Gum
- Tactical socks
- Puzzles, cards, etc.

Care packages and/or items contributed for the care packages can be brought to our happy hour on February 26th or the hockey game on February 5th. If you'd like to schedule another time to drop off your items, please contact me at ya@ndseva.com.

Catch 31 Happy Hour (February 26th)

Come join us for a happy hour at 6:00 at Catch 31 (located at 31st street and Atlantic Avenue) on the Oceanfront.

Bring your donations

for the "Any Sailor" Packages to the happy hour. Free appetizers will be provided by the ND Club for everyone who comes with donations!

Greening of Ghent (March 12th)

We'll celebrate St. Patrick's Day with the Greening of Ghent in downtown Norfolk from 6pm-10pm (Colley Avenue) on Friday, March 12th. Enjoy live entertainment and plenty of green beer. Plan to meet with your other NDSEVA young alumni at Kelly's Tavern (1408 Colley Avenue) at 6:00.

Bengal Hockey/Baseball **Bouts Game**

Fundraiser

In honor of the Bengal Bouts 80th anniversary this year, the young alumni will be coordinating a fundraising activity in conjunction with a sporting event. Stay tuned for further details.

As always, please email me at ya@ndseva.com with suggestions for young alumni events, or if you'd like to be involved in coordinating events.

Contact Us

Young Alumni Coordinator - Amy Holcomb (Milcetch '01)
Email address - ya@ndseva.com